



Chris Graham
Commissioner
grahamc@midwestconference.org

www.midwestconference.org

Emily Amici
Sports Information Director
amicie@midwestconference.org

MWC MEN'S SOCCER NOVEMBER 18, 2009

MWC Tournament Qualifiers Solidify First Team All-Conference List

RIPON, WIS -- The Midwest Conference (MWC) announced the 2009 MWC Men's Soccer Awards today, November 18, 2009. Carroll University's senior forward **Andy Prentice** and junior defender **Justin Ziegler** highlight the list of 33 all-conference honorees after being selected as the 2009 Offensive Player of the Year and the 2009 Defensive Player of the Year, respectively.

Student-athletes from the four MWC Tournament qualifying teams of Carroll, Grinnell, St. Norbert and Beloit comprised the 11-player First Team All-MWC list.

Carroll boasted an 8-0-1 MWC mark and 14-1-4 overall record thanks to the offensive prowess of Prentice. Prentice's 40 points, 17 goals and 2.50 points per game lead the league. Backed behind the strong play of First Team All-MWC senior goalkeeper **Stanislaw Miaskowski** and Ziegler, the Pioneers allowed only 13 goals the entire season.

Senior defender **Craig Carlson**, the 2008 Player of the Year, was the fourth Carroll player named to the all-conference first team.

Grinnell had three Pioneers recognized by league coaches on the first team. Senior forward **Andrew Stephenson** finished fourth in the league in points with 24 (12 goals), while senior defenders **JP Prouty** and **Alex Exarhos** anchored a defense that helped Grinnell qualify for their first NCAA Division III Men's Soccer Tournament in school history. This was the third first team honor for Prouty and Stephenson and second for Exarhos.

St. Norbert had a pair honored on the first team in senior forward **Ben Vanden Avond** and junior defender **Aaron Benson**. Vanden Avond finished his career ranked third in the MWC in points (29) after scoring 11 goals and adding seven assists.

The Wilkins brothers represented Beloit on the first team. **Jackson Wilkins**, a freshman forward, made an impressive collegiate debut and ranks second in the league in goals (14), points (31) and points per game (1.63) behind Prentice. Meanwhile, **Bo Wilkins**, a senior midfielder, finished his outstanding career with a league-high nine assists.

After leading his team to a runner up finish in league standings, a MWC Tournament title and his program's first-ever NCAA Tournament berth, Pioneers' head coach **Brian Jaworski** was named the 2009 Coach of the Year. Grinnell concluded the season with a 6-1-3 mark in the MWC and a 9-8-4 overall record.

--2009 MWC Men's Soccer All-Conference Teams--

2009 MWC Offensive Player of the Year

Andy Prentice, Senior, Forward, Carroll University

2009 MWC Defensive Player of the Year

Justin Ziegler, Junior, Defender, Carroll University

2009 MWC Coach of the Year

Brian Jaworski, Grinnell College

First Team All-Conference

Bo Wilkins	Sr.	Midfielder	Beloit College
Jackson Wilkins	Fr.	Forward	Beloit College
Craig Carlson	Sr.	Midfielder	Carroll University
Andy Prentice	Sr.	Forward	Carroll University
Stanislaw Miaskowski	Sr.	Goalkeeper	Carroll University
Justin Ziegler	Jr.	Defender	Carroll University
Alex Exarhos	Sr.	Defender	Grinnell College
JP Prouty	Sr.	Defender	Grinnell College
Andrew Stephenson	Sr.	Forward	Grinnell College
Aaron Benson	Jr.	Defender	St. Norbert College
Ben Vanden Avond	Sr.	Forward	St. Norbert College

Second Team All-Conference

Adam Sanchez	Sr.	Forward	St. Norbert College
Donny Baloun	Sr.	Forward	St. Norbert College
Ryan Doucette	Sr.	Defender	St. Norbert College
Petro Czerniak	Jr.	Midfielder	St. Norbert College
Kyle Seemeyer	Jr.	Forward	Ripon College
Scott Pease	Sr.	Defender	Carroll University
Andy Ksobiech	Fr.	Forward	Carroll University
Chris Haught Thompson	So.	Defender	Lake Forest College
Tom Biesiada	Jr.	Goalkeeper	Lake Forest College
Kellen Sullivan	So.	Defender	Beloit College
John Henry Erickson	Sr.	Defender	Beloit College
Nate Lipps	Sr.	Goalkeeper	Beloit College
Brian Maunze	Sr.	Forward	Beloit College
Justin Koester	Sr.	Goalkeeper	Grinnell College
Andrew Mullins	Jr.	Defender	Grinnell College
Mark Rosenberg	Jr.	Forward	Grinnell College
Cameron Stuart	Sr.	Defender	Illinois College
Travis Wilson	Sr.	Forward	Illinois College
Brian O'Connor	Sr.	Midfielder	Illinois College
Owen Robinson	Sr.	Goalkeeper	Monmouth College
Jeff Wozencraft	Sr.	Midfielder	Knox College
Colin Vize	Jr.	Defender	Lawrence University
Nico Walker	Sr.	Defender	Lawrence University

